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# Numerical study and topology optimization of vibration isolation support structures



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#### ABSTRACT

Lightweight design and harmful vibration isolation of supporting structures are the most common design contents in practical engineering, but they are often difficult to be considered together. Phononic crystals have the characteristics of elastic wave bandgaps, which can effectively isolate the vibration within the bandgap frequency range. The integrated coupling design of vibration isolation and structure support by topology optimization is studied in order to make the obtained macro structure with periodic characteristics have both high support structure stiffness and lower frequency vibration isolation bandgaps. Taking a two-dimensional cantilever beam with multiple periodic substructures in the length direction for example, the finite element method and an improved multi-objective genetic algorithm are used to realize the topology iterative change of the substructure mesh, the solution of the substructure band structure and the natural frequency of the cantilever beam. Maze algorithm is used to avoid invalid operation in optimization process and the mesh generation strategy combining coarse mesh and fine mesh is taken to improve the operation efficiency. Two optimization objective functions reflecting the overall support stiffness and relative bandgap width of the cantilever beam are set. The topology design of the substructure with transverse symmetry constraints and bisymmetric constraints are carried out, respectively. The topology optimized structures with bandgaps of different mechanisms are obtained from the Pareto front of the numerical results.

#### 1. Introduction

In various engineering fields related to mechanical design, the use of important equipment mostly has the requirements of both lightweight design of support structure and harmful vibration control. The support structure is the intermediate link between the equipment and the installation platform. On the premise of meeting the dynamic and static mechanical characteristic indexes such as support stiffness and natural frequency, the reasonable lightweight design of the support structure can significantly reduce the manufacturing cost and use cost caused by weight. The suppression of harmful structural vibration is another important issue to be considered when supporting the equipment. Good vibration isolation measures can effectively improve the safety, reliability and performance stability of the equipment. At present, the vibration isolation performance is not considered in the lightweight design of most support structures, and only taking the dynamic or static stiffness as the optimization object [1-3]. The disadvantage of this traditional lightweight design idea is that the designed support structures has no vibration isolation effect or the vibration isolation effect is very weak. The independently designed active and passive vibration isolators or vibration isolation structures add additional weight after they are installed on the main support structure [4]. Therefore, it is of great practical value to study the lightweight design method of structure taking into account the functions of vibration isolation and support.

The concept of phononic crystals (PnCs) [5–9] provides a new solution for vibration suppression. PnCs are a kind of artificial periodic material with elastic wave band gap, and the vibration form in the band gap frequency range cannot pass through, so it can be used in the field of vibration isolation [10–15]. Compared with the traditional active and passive vibration isolation methods, PnCs based vibration isolation has the advantages of light weight [16,17], wide vibration isolation frequency range [18–20] and high reliability. It has a wide application prospect in the field of engineering vibration isolation. A large number of scholars have carried out the research of PnCs vibration isolation. In order to obtain the vibration band gap in a wider and lower frequency

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Fig. 1. (color online) The cantilever beam and its substructures in the example.

range, the design of new PnCs [21-30], the enhancement effect of viscoelastic materials on the vibration attenuation in the band gap [31, 32] and the tunability of band gaps [33-35] have attracted much attention. In addition, it is also an effective means to obtain PnCs with better vibration isolation performance through topology optimization design [36,37]. There are many algorithms that can be used to optimize the topology of PnCs, such as the solid isotropic material with penalization (SIMP) method [38], the bi-directional evolutionary structural optimization (BESO) [39–43], the gradient-based optimization methods [44,45], different kinds of genetic algorithms (GA) [46–60] and some other methods [61-63]. The 0~1 coding mechanism for design variables of GA [64] is perfectly matched with the material mesh representation method of '0 removal while 1 retention' in the topology optimization process, and GA also has lower requirements for the mathematical description of the optimization problem. Hedayatrasa et al. [65] used multi-objective GA and finite element method (FEM) to optimize the topology of one-dimensional periodic bimaterial PnC, and realized the maximum relative band gap width under low-order Lamb waves. By using a "coarse to fine" two-stage GA as the inverse search scheme, Dong et al. [66] performed both the unconstrained and constrained optimal design of the unit cell topology of the two-dimensional square-latticed solid PnCs, to maximize the relative widths of the band gaps.

The band gap characteristics of PnCs with different component fractions (single phase [45], two phases [49-52,56], three phases [53, 60] and more phases [67,68]) were studied. Generally speaking, increasing the number of materials in PnCs can produce richer band gap characteristics, but the manufacturing difficulty and uncertainty will also increase [62,69,70]. Zhang et al. [70] proposed a robust topology optimization method of PnC microstructures against random diffuse regions between material phases. Numerical examples showed that the proposed method provided meaningful optimal designs of microstructures of the unit cell in achieving a robust band gap. The symmetry of the material layout in the cell of PnCs has been proved to have an important impact on the band gaps distribution [53,56,58,71]. Results showed that the reduction of the symmetry of the unit cell can be helpful to obtain the wider band gaps. In order to obtain the band gaps in a lower frequency range, soft materials (such as rubber) were used as the continuous phases in PnCs [34,72-74], and the connection stiffness between and within the unit cells were weakened [44,75-78]. Aiming to broaden and manipulate the low frequency band gaps, an innovative structure with filling materials in a square lattice of silicone rubber was proposed, where the spatial distribution of the materials had been optimized using an improved GA [73]. Zhang and Han [74] designed a hybrid PnC consisting of rubber slab with periodic holes and Pb stubs to obtain wider band gaps in low frequency range. The wider band gap can be attributed to the interaction of local resonance and Bragg scattering. Yang et al. [77] proposed a topology optimization method directly using the effective mass density concept to maximize the first bandgaps of two-dimensional solid Locally Resonant Acoustic Metamaterials (LRAMs). The coating layer interfacing the core and the matrix of the ternary LRAM was chosen as the design region because it significantly

influences the bandgaps. The materials of the matrix, coating, and core are epoxy, rubber and lead, respectively. Yuksel and Yilmaz [78] designed a two-dimensional solid structure with embedded inertial amplification mechanisms that showed an ultrawide band gap at low frequencies. In the compliant inertial amplification mechanism with length as 157 mm and width as 85.4 mm, the flexure hinge thicknesses were only set as 0.3 mm. Although the obtained periodic structures by these measures have lower and wider band gaps, their structural stiffness have been seriously weakened, which is not enough to support other loads, and even does not have the stiffness to support themselves. Such kind of periodic vibration isolation structures are difficult to apply in practical engineering.

Only a few literatures have paid attention to the stiffness and strength of PnCs structures [67,79-84]. Zhu et al. [67] proposed a chiral lattice-based elastic metamaterial beam with multiple embedded local resonators to achieve broadband vibration suppression without sacrificing its load bearing capacity. These local resonators, made of rubber coated steel cylinders as well as tungsten cylinders, are filled in the node circles of the aluminum chiral honeycomb beam. Chen et al. [79] applied the BESO algorithm for the optimal design of 2D viscoelastic PnCs. The resulting viscoelastic PnCs had the maximum attenuation property of elastic waves at the specified frequencies, and meanwhile possessed a prescribed stiffness by the bulk modulus constraints. Chen and Wang [80] constructed a class of honeycombs with hierarchically architected structure by replacing the cell wall of regular honeycomb with hexagonal, kagome and triangular lattice, respectively. The introduction of structural hierarchy produced broad and multiple phononic band gaps and endowed the honeycomb with enhanced stiffness. Andreassen and Jensen [81] optimized the distributions of a stiff low loss and a soft lossy material in order to maximize the attenuation. Dong et al. [82] studied the topology optimization of 2D phoxonic crystals (PxCs) with simultaneously maximal and complete photonic and phononic bandgaps. The optimized structures were composed of solid lumps with narrow connections, and their Pareto-optimal solution set can keep a balance between photonic and phononic bandgap widths. Refs. [81, 82] both considered the issue of stiffness constraint by requiring the homogenized elastic modulus to be greater than the specified threshold. Porous phononic crystal plates were optimized by non-dominated sorting genetic algorithm(NSGA-II) to obtain the widest bandgaps and maximized stiffness [83,84]. The objective function reflecting the maximum stiffness was defined as the minimum relative strain energy compliance of the unit cell. In the above literature, although obtained PnC structure has a certain stiffness by selecting rigid materials, imposing stiffness constraints or taking the stiffness of single cell as one of the most optimization objectives, the macro stiffness requirements of finite PnCs as supporting structure have not been integrated into the topology design of its unit cell.

Based on the above analysis, taking a single material twodimensional cantilever beam as an example, this paper attempts to integrate the PnC band gap optimization with the lightweight design of the support structure by using an improved GA, so as to obtain a



**Fig. 2.** (color online) (a) The Brillouin zone of one-dimensional periodic structure, here, *a* is the lattice constant, *X* and  $\Gamma$  are points with high symmetry of the reciprocal lattice space; (b) one example of  $0 \sim 1$  grid matrix of substructure, where the virtual mesh (the area where the material is removed) is represented by x = 0, and the real mesh (the area where the material is retained) is represented by x = 1.

lightweight cantilever beam with periodic microstructure. So that the beam can meet a certain support stiffness, at the same time, it has vibration isolation characteristics in a lower frequency range. Through this new idea, it is expected to promote the practical process of PnCs vibration isolation and combine the vibration isolator and lightweight support structure into one.

#### 2. Problem description

Taking the single material two-dimensional cantilever beam structure shown in Fig. 1 as an example, the lightweight topology optimization design of the cantilever is carried out to make the cantilever have a higher fundamental frequency and lower and wider vibration band gap. In order to introduce the band gap characteristic of periodic structure to realize vibration isolation, the cantilever beam is divided into several substructures with equal length along the length direction. These substructures have one-dimensional periodic repeatability in the length direction of the beam. Taking any substructure as the topology optimization region, and copying the topology of the substructure to other substructures, a cantilever overall support structure with periodic topology characteristics can be formed. The number of substructures divided by a finite length cantilever beam will affect the topology optimization results, but it is not discussed in this paper. It is assumed that in the calculation example, the total length of the cantilever beam is 5a and the width is a, and the length of the substructure is consistent with the width of the cantilever beam. The transverse or longitudinal harmonic acceleration excitation input is applied on the left end of the model, and the acceleration response output is received and recorded on the right end.

The substructure is divided into meshes of *n* rows and *m* columns, the design variable *x* can only take values of 0 and 1. The virtual mesh (the area where the material is removed) is represented by x = 0, and the real mesh (the area where the material is retained) is represented by x = 1, so as to obtain the  $0 \sim 1$  mesh matrix of the substructure. Therefore, the integrated topology optimization model of vibration isolation and support of cantilever beam in this example can be expressed as:

Find: 
$$X_{\text{cell}} = \begin{bmatrix} x_{11} & x_{12} & \cdots & x_{1n} \\ x_{21} & x_{22} & \cdots & x_{2n} \\ \vdots & \vdots & \vdots & \vdots \\ x_{m1} & x_{m2} & \cdots & x_{mn} \end{bmatrix}, x_{ij} \in [0, 1] (i = 1, 2, \cdots, n; j = 1, 2 \cdots m)$$

Minimize : 
$$\begin{cases} T_1 = \frac{f_{gc1}}{f_{mod1}} \\ T_2 = \frac{f_{gc1}}{w_{gc1}} \end{cases}$$
(1)

Here, $X_{cell}$  is the 0~1 design variable matrix which have a size of  $n \times m$ ;  $f_{gc1}$  is the central frequency of the first vibration band gap of the substructure;  $f_{mod1}$  is the fundamental frequency of cantilever beam;  $w_{gc1}$  is the band gap width;  $T_1$  and  $T_2$  are the objective functions. In general, for the periodic structure composed of the single material, the low-frequency band gap is contradictory to the overall high stiffness of the structure. Therefore, the physical meaning of the objective functions  $T_1$  and  $T_2$  are to make the overall structure isolate the vibration energy in the lower and wider frequency range on the premise of ensuring the structural stiffness as high as possible. The value of  $T_1$  is generally much larger than 1, which means the fundamental frequency of the first band gap of the substructure.

In this paper, an improved GA and the FEM are used to optimize the coupling topology of cantilever beam support and vibration isolation in the example. The improved GA is used to perform the evolutionary iteration of design variables, and the FEM is used to solve the objective function values corresponding to each feasible substructure.

In the process of solving band structures of the substructure by FEM, periodic boundary conditions should be added at the interface of adjacent cells on the cantilever beam based on Bloch theorem of periodic structure [85], and the wave vector on the first irreducible Brillouin zone (Fig. 2a) of one-dimensional periodic structure should be scanned.

#### 3. The improved multi-objective GA

GA [64] imitates the selection, crossover and mutation of chromosome genes in nature. When using GA for structural topology optimization, the  $0 \sim 1$  mesh matrix of the substructure needs to be transformed into the corresponding  $0 \sim 1$  binary coded chromosome gene row vector line by line, and the number of coding bits corresponds to the number of elements of the substructure mesh matrix. However, using the traditional GA to optimize the topology of the structure described in this paper will encounter the following problems:



Fig. 3. (color online) Meshes of two different kind of island substructures: (a) island substructure with break point inside itself; (b) island substructure with break point on the edge of two substructures. The yellow squares are the real meshes.



**Fig. 4.** (color online) Subsequent processing method of substructure meshes generated by GA: (a) initial mesh generated by GA; (b) finding the first continuous real mesh path (shown as the black squares) by maze algorithm from the input point to the output point; (c) searching for the remaining valid real meshes connected to the maze path, the two regions of yellow squares are the island real meshes; (d) island real meshes is eliminated.



**Fig. 5.** Schematic diagram of several mesh states experienced by the substructures: (a) a relatively small number of meshes for valid individual search by GA; (b) meshes refinement of the  $0 \sim 1$  square mesh for smooth geometric boundary shape; (c) delete the internal meshing grids in the geometric contour of the effective real mesh area; and (d) re-mesh the area in the geometric contour by the free meshing program.

- (a) Computing a large number of invalid population individuals causes a waste of computing resources and slows down the convergence speed.
- (b) The number of meshes of substructures leads to the contradiction between the speed of operation and the quality of topology results.
- (c) The inherent defects of traditional GA are the oscillation of objective function value at the end of evolution and the poor ability to search feasible solutions. Both of these are caused by the evolution of all population individuals with the same mutation rate and crossover rate.

In order to solve the above problems, this paper takes measures such as eliminating invalid population individuals, mesh generation strategy combing coarse mesh and fine mesh, regulating the crossover rate and variation rate of individuals and so on.

#### 3.1. Elimination of invalid individuals before calculation

Without intervention, affected by the random search characteristics of GA, some individuals (0~1 mesh matrix of substructures) that do not meet the continuity requirements of cantilever beam and are not beneficial to the iterative process will be generated during the initialization and subsequent evolutionary iterations of the algorithm. These invalid individuals will lead to two problems when they are mixed into the evolutionary population. Firstly, invalid individuals will waste the population size and reduce the number of effective individuals in the population, which will affect the convergence speed. Secondly, the invalid individual will waste the time of solving the corresponding objective function value of the corresponding individual by the FEM. Therefore, it is necessary to judge the availability of the new individual searched by GA before entering the iterative population and solving the objective function value. Only the individuals determined to be valid



**Fig. 6.** Detailed algorithm flow: *Sum\_i* indicates the total number of currently obtained valid individuals; *N* is the individual number of the parent population and also the offspring population; *G* is the current generation; *G*max indicates the max specified number of evolutional generations.

and subjected to the necessary mesh transformation can enter the iterative population. On the contrary, the individuals determined to be invalid will be eliminated in advance.

#### 3.1.1. Maze path-finding and island individual elimination

The first step is to determine whether the newly found substructure individual by GA is an island individual. The beam structure formed by the periodic arrangement of the substructures must meet the overall stiffness index of the beam itself as the supporting structure. For this reason, the region in which the material is retained in the substructure must meet the condition of real mesh continuity along the length of the cantilever beam: firstly, there must be a path composed of continuous real mesh (x = 1) between the periodic boundaries on both sides of the substructure; secondly, the continuous real mesh path in the substructure ture should be able to continuously connect the real mesh path in its adjacent substructure. If there is no real mesh of the substructure will exist as discrete 'island'. After periodic one-dimensional layout, these substructures cannot form a continuous integral beam structure,

which means that it will absolutely not meet the support function of the structure and cannot be actually manufactured, as shown in Fig. 3.

In order to judge whether the newly discovered substructure individual is an island individual or a continuous individual, the maze algorithm is introduced to find the continuous real mesh path in its  $0 \sim 1$  mesh matrix. Specifically, the  $0 \sim 1$  mesh matrix of the substructure is regarded as a maze. According to the characteristics of the beam structure, the entrance of the maze shall be located in the real mesh  $x_{i1}$  = 1 on the first column of the substructure mesh, and the exit of the maze shall be located in the real mesh  $x_{jn} = 1$  on the last column of the substructure mesh. It should satisfy  $-1 \ll i - j \ll 1$  to ensure that the exit real mesh of the front substructure and the entrance real mesh of its next adjacent substructure shall be connected through at least one node, so as to ensure that the substructures after periodic replication and arrangement form a continuous cantilever support structure. The maze algorithm based on recursive backtracking is used to search the continuous path of real mesh from  $x_{i1} = 1$  to  $x_{in} = 1$  of the substructure mesh maze.

Once the first maze path is found (there may be other feasible paths), the search is stopped to reduce the computational cost, and the



**Fig. 7.** (color online) Substructures with transverse symmetry constraints corresponding to the top 10 individuals obtained by two different algorithms: substructures from  $a_1$  to  $a_{10}$  and substructures from  $c_1$  to  $c_{10}$  are obtained by the original NSGA-II algorithm at the initial and the 30th generation respectively; substructures from  $b_1$  to  $b_{10}$  and substructures from  $d_1$  to  $d_{10}$  are obtained by the proposed algorithm at the initial and the 30th generation, respectively. The dotted line in each subgraph is the axis of symmetry.

#### Table 1

Global invariant parameters used in the example.

| Symbols        | Parameter type  | Parameter<br>value        |
|----------------|---|---------------------------|
| Е              | Young's modulus                                       | 110e9 [Pa]                |
| ρ              | Material density                                      | 4440 [Kg/m <sup>3</sup> ] |
| $p_r$          | Poisson's ratio                                       | 0.35                      |
| а              | The length of the substructure                        | 0.05[m]                   |
| Ь              | The width of the substructure and the cantilever beam | а                         |
| L              | The length of cantilever beam                         | 5*a                       |
| $m_a$          | Number of columns of substructure mesh adopted by     | 20                        |
|                | GA  |                           |
| $m_b$          | Number of rows of substructure mesh adopted by GA     | 20                        |
| $m_f$          | Mesh refinement multiplier for optimizing             | 3                         |
|                | substructure topology contour                         |                           |
| Ν              | Individual number of the parent population and also   | 80                        |
|                | the offspring population                              |                           |
| $G_{\max}$     | Maximum evolutional generation                        | 80                        |
| $C_{\rm p}$    | Crossover rate of selected parents                    | 0.5                       |
| $M_{\rm pmin}$ | The minimum mutation rate of gene of selected         | 0.1                       |
|                | individuals   |                           |
| $M_{\rm pmax}$ | The maximum mutation rate of gene of selected         | 0.4                       |
|                | individuals   |                           |

individual is judged to be valid, as shown in Fig. 4. If no feasible path is found after all explorations is completed, the individual is judged as an island individual and should be eliminated.

### 3.1.2. Remaining valid real meshes search and invalid island real meshes deletion

After finding the above individuals with valid maze paths, other valid real meshes connected to the maze paths also need to be found in the individual  $0\sim1$  mesh matrix. As shown in Fig. 4, explore the area near the maze path in turn, find other real meshes that share at least one mesh node with the real meshes in the maze path, and include these qualified real meshes in the real meshes set of the maze path. Then, the search is repeated until all valid real meshes are added to the real mesh set of the maze path to maximize its area. After the search cycle of valid real meshes is completed, there may be some residual island real meshes outside the real meshes set of the maze path. These island real meshes have no contribution to the overall structural stiffness of the cantilever

with the topology process, aggravating the chessboard phenomenon of the topology mesh. In addition, the island real mesh in the valid individuals participating in the evolutionary iteration will not be conducive to identifying the effective differences between different individuals (the differences between the maximum area maze paths of different individuals). The existence of island real mesh will also affect the judgment of whether the new individual is different from the existing individual. If two individuals differ only in the distribution of island real grid outside the maximum area maze path, they should not be regarded as different individuals, otherwise it will lead to useless eigenvalue solving operation. In view of the above reasons, this paper converts the remaining island real meshes (x = 1) into virtual meshes (x = 0), as shown in Fig. 4(d).

beam. If not handled, these useless island real meshes will always iterate

#### 3.1.3. Making the individuals in the population different from each other

After finding the above individual with valid mesh and modifying its  $0\sim1$  mesh matrix, it is necessary to further confirm whether the new individual is really new, that is, whether it is different from all other existing valid individuals in current generation. To be recognized as a real new individual, the individual must have at least one difference on its valid real mesh from that of all individuals in the current parent population and the already generated offspring population. Otherwise, the individual is a duplicate individual.

If the population contains duplicate individuals, the diversity of the population will be reduced, especially near the end of evolution. In extreme cases the number of individual species in the population is one. Worse, the program of FEM needs to repeatedly calculate the objective function value of the same individual. Not only these repeated operations are meaningless, but also they are easy to fall into local convergence due to poor population diversity, and cannot obtain the global optimal topological substructure. Therefore, the duplicate individuals should be eliminated as invalid individuals.

Therefore, this paper judges and excludes the above invalid individuals in many places in the algorithm, and realizes the elimination of invalid individuals before calculation, so as to maintain the diversity of the population and save computing resources. See the algorithm flow chart in Fig. 6 for the specific timing of invalid individual judgment and elimination.



**Fig. 8.** (color online) (a) The two objective function values  $T_1$  vs.  $T_2$  of the individuals in the populations corresponding to evolutionary generations G = 1, 20 and 40, and (b) the five representative individuals,  $S_1$ ,  $S_9$ ,  $S_{10}$ ,  $S_6$  and  $S_1$  of the 80th generation which marked in subgraph (a). The dotted line in each subgraph is the axis of symmetry.

| Table 2   |
|---|
| More information of the five individuals of the 80th generation with transverse symmetry constraints. |
|   |

| Substructure    | $T_1$ | $T_2$ | $f_{\rm mod1}$ [Hz] | $f_{\rm gs1}$ [Hz] | $f_{\rm ge1}$ [Hz] | $f_{\rm gc1}$ [Hz] | $w_{\rm gp1}$ [Hz] | $v_f$ |
|-----------------|-------|-------|---------------------|--------------------|--------------------|--------------------|--------------------|-------|
| S <sub>3</sub>  | 6.1   | 19.2  | 189                 | 1134               | 1195               | 1164.5             | 60                 | 46%   |
| S <sub>9</sub>  | 8.3   | 12.7  | 276                 | 2204               | 2385               | 2294.5             | 180                | 37%   |
| S <sub>10</sub> | 8.5   | 2.9   | 310                 | 2196               | 3093               | 2644.5             | 897                | 39%   |
| S <sub>6</sub>  | 50.6  | 1.2   | 118.6               | 3461               | 8549               | 6005               | 5088               | 40%   |
| S <sub>1</sub>  | 117.1 | 0.8   | 127                 | 5715               | 24,190             | 14,952             | 18,475             | 57%   |

#### 3.2. Mesh generation strategy combining coarse mesh and fine mesh

If the meshes are divided too finely, it will lead to more design variables and the GA will be slow to search for high-quality individuals, but it can obtain better objective function. On the contrary, if the meshes are divided too coarsely, it is difficult to converge to a better topological structure, although the design variables are fewer and the calculation speed is faster.

In order to alleviate the above contradictions, in the algorithm flow of this paper, a three steps of meshing operation with different mesh sizes is set up between topologically generating the substructure configuration and executing the FEM program to solve for the objective function value, as shown in Fig. 5, including:

- (a) The  $0 \sim 1$  mesh variable matrix used by GA.
- (b) Mesh refinement before importing substructure configuration into finite element software.
- (c) Freely meshing of the substructure though finite element software.

Firstly, as mentioned above, when using GA to search for valid substructure individuals, a square mesh with four nodes is used, which represents the presence or absence of materials at the corresponding positions in the substructure. At this stage, a relatively small number of meshes are set to reduce the search space for valid individual search by GA and improve the speed of topology design, as shown in Fig. 5(a). In order to find as many valid real meshes as possible in a limited number of four node square mesh matrices, as mentioned earlier, the condition for judging the continuity of real meshes is that there is at least one common node between the two real meshes. However, this continuous structure realized by a single common node is difficult to manufacture, and will affect the solution result of the objective function. Therefore, before importing the substructure after GA topology into the finite element software, it is necessary to further refine the 0~1 square mesh matrix of the substructure, so as to change single-node connection to multi-nodes connection and make the geometric boundary shape of the substructure smoother, as shown in Fig. 5(b). After the above processing, only the geometric contour of the effective real mesh area of the substructure is retained, and the internal meshing is deleted, as shown in Fig. 5(c). Then the geometric contour of the substructure is imported into finite element software, and the area in the geometric contour is remeshed by the free meshing program. The advantage is that any FE software program can automatically select the mesh size according to the complexity of the local structure in the substructure, so as to automatically adjust the total number of DOF of the meshes to the best during the finite element solution, so as to improve the solution speed, as shown in Fig. 5(d).

#### 3.3. Regulation of crossover rate and mutation rate

Crossover and mutation are two basic operators of the traditional GA. The probability of using these two operators is controlled by setting the parameters of crossover rate and mutation rate. It is important to understand that these two parameters do not refer to the probability of an individual in the parent population being selected to perform crossover or mutation operations, but the probability that a mutation or crossover operation will occur for each variable of the randomly selected individual from the parental population. In traditional GA, these two parameters are usually set to be global invariant. In the later stage of iteration, the same mutation rate is used for individuals with better and worse objective function values, which is not conducive to the local search convergence of high-quality individuals and the rapid evolution



**Fig. 9.** (color online) Relevant calculation results of substructure  $S_3$ . (a) The band structure, (b) the transfer function curves of corresponding cantilever beam under transverse excitation (T-excitation) and longitudinal excitation (L-excitation), (c) the eigenmodes  $S_{3S}$  and  $S_{3E}$  labeled in the band structure, and (d) cantilever vibration mode  $S_{3b}$  under T-excitation inside the band gap frequency range.

of low-quality individuals.

Therefore, the mutation rate controlled by the ranking of individual objective function values is adopted, which means that when the mutation operation is performed on the randomly selected individuals, the  $0 \sim 1$  transformation probability of each mesh variable is composed of a basic minimum mutation rate and a adjusted mutation rate, which can be defined as:

$$M_{\rm p}(i) = M_{pmin} + \frac{i}{N} \times \left( M_{pmax} - M_{pmin} \right) \tag{2}$$

where  $M_p(i)$  is the mutation rate for variables of the *i*th individual in the population sorted from good to bad according to the objective function value;  $M_{pmin}$  and  $M_{pmax}$  are the minimum and maximum variation rate of each variable in the selected individual respectively; N is the total number of individuals in the population. It can be seen that low-quality individuals with lower ranking have higher probability of gene mutation, which improves the opportunity for individuals to produce high-quality individuals, and thus improves the ability to avoid the optimization search falling into the local optimal solution; On the contrary, the high-quality individuals in the top rank have a small probability of gene mutation. They can slightly change the mesh on the basis of the original high-quality mesh distribution to speed up the convergence.

In addition, the population individuals of traditional GA gradually converge to a small number of species with the increase of evolutionary generation, resulting in the gradual increase of duplicate individuals in the population and the gradual decrease of population diversity. Therefore, as mentioned above, the method of eliminating duplicate individuals is adopted to make individuals in the parental population and offspring population different from each other in order to ensure the population diversity and avoid performing finite element solutions for identical individuals. However, the population without duplicate individuals has a problem that the quality individuals in the population do not obtain a higher probability of being randomly selected when crossover and mutation operations are performed. In order to make up for the above shortcomings, unequal cloning operations were adopted for all parental individuals before crossover and mutation operations. According to the ranking of individual objective function values from good to bad, the copy number of corresponding parent individuals is from more to less, so as to improve the probability of selecting highquality individuals for crossover and mutation operations. Please note that unequal cloning will not affect the diversity of the population, because the individuals in the parent population participating in the current evolutionary process are different from each other in the initial state.

#### 3.4. Algorithm flow

In order to realize multi-objective optimization, the above improvements are based on the NSGA-II [64]. Combined the FEM and the improved NSGA-II which is mentioned above, the detailed algorithm flow for the coupling topology optimization of vibration isolation and structural support of the cantilever beam is shown in Fig. 6.

The main steps of the algorithm flow are determined as follows:

- (a) The global invariant parameters for invocation by the main program and its subroutines are defined, including: substructure size, cantilever beam size (number of its substructures), material parameters, meshing related parameters and GA related parameters.
- (b) Through valid individual search and duplicate individual elimination, the initial population of individuals with different substructures is obtained.



**Fig. 10.** (color online) Relevant calculation results of substructure  $S_9$ . (a) The band structure, (b) the transfer function curves of corresponding cantilever beam under transverse excitation (T-excitation) and longitudinal excitation (L-excitation), (c) the eigenmodes  $S_{9S}$  and  $S_{9E}$  labeled in the band structure, and (d) cantilever vibration mode  $S_{9b}$  under T-excitation inside the band gap frequency range.

- (c) The geometric contour of the substructure is optimized and adjusted through mesh refinement, and the refined mesh matrix is transformed into node matrix, which is imported into finite element software, and the area in the geometric contour is remeshed by the freely meshing program of the software. Then the band structure solution and band gap identification of the substructure are carried out to obtain the center frequency value  $f_{gc1}$  and the gap width  $w_{gc1}$  of the first band gap. The substructures are arranged in a one-dimensional array, and fixed constraints are imposed on the starting end boundary to obtain the finite element model of the cantilever beam with periodic structure characteristics, and then its vibration mode solution is carried out to obtain the fundamental frequency  $f_{mod1}$ . So far, the objective function values  $T_1$  and  $T_2$  of the substructure are obtained; The objective function values of all individuals in the population are calculated in turn.
- (d) The individuals of the population are sorted by NSGA-II, and the individuals entering the next iteration are selected according to the sorting results.
- (e) Start the genetic evolution iteration. Firstly, unequal cloning is carried out according to the order of individuals in the population. One individual was randomly selected from the cloned parent population for mutation, and two parent individuals were randomly selected for crossover. If the offspring individuals obtained through crossover or mutation are determined to be valid and non-repetitive, they will be included in the offspring population. *Sum\_i* indicates the total number of currently obtained valid individuals. Perform the above steps one by one until the required number of offspring individuals are obtained. Call the finite element software to calculate the objective function value

corresponding to each offspring individual according to the same operation as step (c).

- (f) The parent population individuals and the offspring population individuals both with objective function value attributes are mixed to form a mixed population. The individuals of the mixed population are sorted by NSGA-II, and a specified number of highquality individuals are selected as the parent population of the next generation.
- (g) (g) According to the above steps, the specified number of evolutional generations  $G_{\text{max}}$  are completed in turn to obtain the final topological configuration of the substructure, and then the operation is terminated.

#### 3.5. Effectiveness of the algorithm improvement

In order to briefly illustrate the effectiveness of the proposed algorithm and its improvement on the search process, the proposed algorithm and the original NSGA-II algorithm are used to calculate the same example proposed in this paper, and the top 10 individuals of the initial and the 30th generation population obtained by the two algorithms are compared, as shown in Fig. 7. The values of parameters used in calculation are shown in Table 1.

Due to the lack of continuity constraints on materials in the algorithm, discontinuous island real meshes can be found in most substructures obtained by the original NSGA-II algorithm, which still exists in the individuals of the 30th generation population. And some individuals, such as  $a_5$  and  $c_9$ , do not even have a continuous force transmission path along the length of the beam. Moreover, even after 30 generations of evolution, the material distributions of these structures are still relatively scattered, which are reflected in more complex shapes and more pores, and increase the manufacturing difficulty. The



**Fig. 11.** (color online) Relevant calculation results of substructure  $S_{10}$ . (a) The band structure, (b) the transfer function curves of corresponding cantilever beam under transverse excitation (T-excitation) and longitudinal excitation (L-excitation), (c) the eigenmodes  $S_{10S}$  and  $S_{10E}$  labeled in the band structure, and (d) cantilever vibration mode  $S_{10b}$  under L-excitation inside the band gap frequency range.

optimization results obtained by our proposed algorithm with manufacturability constraints can effectively avoid the above situations and effectively improve the availability of optimization results. The individuals obtained by the proposed algorithm have clearer and stronger force transmission paths, reflecting more effective material utilization. In addition, comparing the results of the 30th generation, it can be found that the proposed algorithm converges faster. Substructures obtained by the proposed algorithm converges faster. Substructures d<sub>6</sub>, d<sub>8</sub> and d<sub>10</sub> are one kind of configuration, substructures d<sub>1</sub>, d<sub>3</sub> and d<sub>7</sub> are the other kind of configuration, and the rest substructures each have different configurations), while the substructures obtained by the original NSGA-II algorithm are almost different from each other.

Through the above simple comparisons, it can be seen that compared with the original NSGA algorithm, the substructures searched by the proposed algorithm in this paper is more reasonable in the utilization of materials, which ensures the continuity of the overall structure composed of the substructures, avoids invalid eigenvalue solution by excluding unreasonable individuals, and speeds up the convergence speed of operation. Due to the limitation of space and topic, this paper will not carry out a more in-depth analysis of the proposed algorithm.

#### 4. Optimization results and analysis

#### 4.1. Parameter setting

The values of global parameters used in the cantilever beam example in this paper are shown in Table 1.

### 4.2. Multi-objective calculation results with transverse symmetry constraints

According to the above parameter settings, firstly, the situation when transverse symmetry constraints are applied to the topological features in the substructure is analyzed. Fig. 8 shows the distribution of objective function values  $T_1$  and  $T_2$  of individuals in the population corresponding to some evolutionary generation *G*. As can be seen from Fig. 8(a), the distribution of objective function values of initial population (*G* = 1) individuals has good diversity. With the increase of evolutionary generation, the two objective function values gradually converge to a local Pareto front. The five representative individual substructures under the maximum evolutionary generation (*G* = 80) are singled out from the local Pareto front. Table 2 gives more comprehensive calculation result information corresponding to these five individuals, where  $v_f$  is the volume fraction of real mesh in the  $n \times m$  mesh matrix of the substructure,  $f_{gs1}$  and  $f_{ge1}$  are the start frequency and end frequency of the first-order complete vibration band gap, respectively.

Compared from the topological shape, the five substructures ranking No.  $S_1$ ,  $S_3$ ,  $S_6$ ,  $S_9$  and  $S_{10}$  have a certain degree of similarity. For example, substructure  $S_3$  extends out of a local cantilever structure in the direction of its symmetry line. Substructure  $S_9$  inherits the local cantilever structure characteristics of substructure  $S_3$ , but its pore structure is less, and the material concentration of continuous structure is better, so its lightweight degree is higher. Substructures  $S_{10}$  and  $S_6$  have a volume fraction similar to that of substructures  $S_9$ . Compared with substructure  $S_9$ , the two local cantilever structures of substructure  $S_{10}$  near the symmetry line is connected through real meshes to shorten the cantilever of the local structure. Compared with substructure  $S_{10}$ , substructure  $S_6$  spans the symmetry line to increase the number of channels connected up and down. Compared with other four substructures, the



**Fig. 12.** (color online) Relevant calculation results of substructure  $S_6$ . (a) The band structure, (b) transfer function curves of corresponding cantilever beam under transverse excitation (T-excitation) and longitudinal excitation (L-excitation), (c) the eigenmodes  $S_{6S}$  and  $S_{6E}$  labeled in the band structure, and (d) cantilever vibration mode  $S_{6b}$  under T-excitation inside the band gap frequency range.

difference of substructure S<sub>1</sub> is more obvious. Its lightweight degree ( $\nu_f = 57\%$ ) is the worst among the five substructures, the connection between the upper and lower symmetrical parts is the most, and there are obvious differences in the outer contour dimensions in the width direction of the cantilever beam.

It can be seen from the data listed in Table 2 that the  $T_1$ ,  $w_{gp1}$ ,  $f_{gc1}$  and  $f_{ge1}$  increase in order of substructure  $S_3$ ,  $S_9$ ,  $S_{10}$ ,  $S_6$ ,  $S_1$ , the  $f_{gs1}$  is basically compounded with this law. While  $T_2$  decreases in order of substructure  $S_3$ ,  $S_9$ ,  $S_{10}$ ,  $S_6$ ,  $S_1$ . The distribution law of the fundamental frequency of the whole cantilever structures corresponding to each substructure is not obvious, which is due to the larger fluctuation range of the function value related to the band gap and its more significant impact on the topological trend.

Relevant calculation results of the five substructures are showed in Figs. 9–13. The first band gap of substructure  $S_3$  appears between the 2nd band and the 3rd band, and the 2nd band contains a relatively straight curve segment. As can be seen from Fig. 9(b), when one end of the cantilever composed of substructure  $S_3$  is transversely excited, the response amplitude of the free end of the cantilever relative to the input end is significantly reduced within the band gap frequency range shown in Fig. 9(a), which proves the existence of the band gap and the vibration suppression effect of the band gap. According to the substructure modal shapes corresponding to the band gap start frequency and end frequency shown in Fig. 9(c) and the vibration mode of the cantilever beam corresponding to point S3b on the transverse excitation transfer function curve shown in Fig. 9(d), the main vibration energy is localized in the swing movement of the local cantilever structure, and the vibration propagation on the simplest continuous path of the front and rear substructures is weakened. Further, combined with the characteristics of narrow band gap width and low band gap center frequency, it can be judged that the band gap is a local resonance band gap.

The first band gap of substructure S<sub>9</sub> also appears between the 2nd band and the 3rd band, but there is no relatively straight curve segment contained in the 2nd band. As can be seen from Fig. 10(b), when the cantilever composed of substructure S<sub>9</sub> is subjected to transverse excitation and longitudinal excitation respectively, the amplitude of the transfer curves of the cantilever both decrease within the frequency range corresponding to the band gap shown in Fig. 10(a), which proves the existence of the band gap. According to the substructure modal shapes corresponding to the band gap start frequency and end frequency shown in Fig. 10(c) and the vibration mode of the cantilever beam corresponding to S<sub>9b</sub> point on the transverse excitation transfer function curve shown in Fig. 10(d), part of the vibration energy is still localized in the local cantilever branch inside the substructure. However, compared with substructure S<sub>3</sub>, the band gap width of substructure S<sub>9</sub> increases, the band gap center frequency moves upward, and part of the vibration energy within the vibration band gap frequency range is dispersed outside the local cantilever branch, that is, the localization degree of vibration energy in the band gap decreases. The main reason for these differences is that the length of local cantilever branches in substructure  $S_9$  is shorter than that in substructure  $S_3$ .

The first band gap of substructure  $S_{10}$  also appears between the 2nd band and the 3rd band. As shown in Fig. 11(a), substructure  $S_{10}$  has a wider and higher first-order band gap. The displacement displayed by the modal shape  $S_{10S}$  corresponding to the band gap start frequency shown in Fig. 11(c) is mainly reflected in the length direction of the cantilever beam. Fig. 11(b) also shows that when the cantilever beam is longitudinally excited, its transfer curve decreases more obviously in the band gap frequency range. Fig. 11(d) shows the vibration mode  $S_{10b}$  of the cantilever beam when it is longitudinally excited with a frequency in the band gap. It can be seen that the vibration energy gradually attenuates from the input end to the output end, which proves the effective



**Fig. 13.** (color online) Relevant calculation results of substructure  $S_1$ . (a) The band structure, (b) the transfer function curves of corresponding cantilever beam under transverse excitation (T-excitation) and longitudinal excitation (L-excitation), (c) the eigenmodes  $S_{1S}$  and  $S_{1E}$  labeled in the band structure, and (d) cantilever vibration mode  $S_{1b}$  under T-excitation inside the band gap frequency range.



**Fig. 14.** (color online) (a) The two objective function values  $T_1$  vs.  $T_2$  of the individuals in the populations corresponding to evolutionary generations G = 1, 20 and 80, and (b) the six representative individuals,  $B_1$ ,  $B_3$ ,  $B_8$ ,  $B_2$ ,  $B_7$  and  $B_{17}$  of the 80th generation which marked in subgraph (a). The dotted lines in each subgraph are the axis of symmetry.

isolation effect of substructure  $S_{10}$  on the longitudinal vibration excitation in the band gap. At the same time, from the distribution of the vibration energy of the mode of the band gap start frequency and the vibration mode of the cantilever beam, there is no obvious local resonance phenomenon. This is mainly because the cantilever branch inside the substructure is short, strong and rigid, which is difficult to arouse local resonance. Based on the above information, it can be judged that the first-order complete band gap of substructure  $S_{10}$  belongs to Bragg scattering band gap.

The first band gap of substructure  $S_6$  shows more obvious Bragg scattering characteristics. As shown in Fig. 12(a), the band gap appears between the 3rd band and the 4th band, which is different from that of substructure  $S_3$ ,  $S_9$  and  $S_{10}$ . When the cantilever beam composed of substructure  $S_6$  is transversely excited, except for two obvious resonance

#### Table 3

More information of the six individuals of the 80th generation with bisymmetry constraints.

| Substructure    | $T_1$ | $T_2$ | $f_{\rm mod1}$ [Hz] | $f_{\rm gs1}$ [Hz] | $f_{\rm ge1}$ [Hz] | $f_{\rm gc1}$ [Hz] | $w_{\rm gp1}$ [Hz] | $v_{ m f}$ |
|-----------------|-------|-------|---------------------|--------------------|--------------------|--------------------|--------------------|------------|
| B1              | 6.7   | 71.4  | 348                 | 2317               | 2349               | 2333               | 33                 | 0.53%      |
| B <sub>3</sub>  | 8.9   | 20.0  | 252                 | 2178               | 2290               | 2234               | 112                | 0.43%      |
| B <sub>8</sub>  | 9.9   | 8.2   | 277                 | 2571               | 2905               | 2738               | 335                | 0.48%      |
| B <sub>17</sub> | 10.4  | 7.4   | 218                 | 2116               | 2424               | 2270               | 308                | 0.51%      |
| B <sub>7</sub>  | 39.5  | 1.8   | 160                 | 4565               | 8075               | 6320               | 3511               | 0.50%      |
| B <sub>2</sub>  | 96.6  | 0.9   | 158                 | 6391               | 24,095             | 15,243             | 17,704             | 0.60%      |



**Fig. 15.** (color online) Relevant calculation results of the substructure  $B_3$  in the population of the 80th generation under bisymmetry constraints. (a) The band structure, (b) the transfer function curves of corresponding cantilever beam under transverse excitation (T-excitation) and longitudinal excitation (L-excitation), (c) the eigenmodes  $B_{38}$  and  $B_{38}$  labeled in the band structure, and (d) cantilever vibration mode  $B_{3b}$  under T-excitation inside the band gap frequency range.

peaks of the overall structure of the cantilever beam, the amplitude of the transfer curve has obvious attenuation within the band gap frequency range, as shown in Fig. 12(b). In addition, from the mode  $S_{6S}$  corresponding to the band gap start frequency, due to the increase of the connection path between the upper and lower cantilever branches in the substructure, the overall stiffness of the branch structure is improved, and the vibration response is more reflected in the weak link of the direct continuous path outside the branch structure. It can be found from the response mode  $S_{6b}$  of the cantilever beam of transverse excitation in the band gap that the vibration attenuation of the output end relative to the input end is very significant, and the vibration energy is greatly attenuated in the first two substructures.

Compared with the other four substructures, when the cantilever beam composed of substructure  $S_1$  is subjected to transverse excitation and longitudinal excitation respectively, it both shows a very significant decrease in the response amplitude of the vibration transfer curve in the whole first band gap frequency range. As shown in Fig. 13(b), the maximum attenuation amplitude can reach more than 300 dB. The reason for the significant suppression effect on both transverse and longitudinal excitation can be found from the mode  $S_{1S}$  corresponding to the band gap start frequency. The two continuous solid areas with good stiffness and large mass in the front and rear parts of substructure  $S_1$  are connected by longitudinal local thin beams. Under the mode  $S_{1S}$  shown in Fig. 13(c), the front and rear continuous entities rotate in reverse with an action similar to gear meshing, so that the energy transfer of longitudinal and transverse vibration is suppressed by transforming longitudinal and transverse vibration into reverse rotation motion in the substructure. Fig. 13(d) shows the trend that the vibration energy gradually decreases along the length of the cantilever beam when subjected to transverse excitation in the band gap frequency range. This band gap also has significant Bragg scattering characteristics.

Based on the above numerical simulation results under transverse symmetry constraints, the objective function  $T_1$  protects the overall stiffness of the cantilever beam and makes the calculation result develop to a lower and narrower local resonance band gap, while the objective function  $T_2$  makes the topological result tend to a wider and higher Bragg scattering band gap. As the objective function values of the individuals change from the best  $T_1$  to the best  $T_2$ , the band gap characteristics of the individuals reflect the transformation trend from local resonance type to Bragg scattering type. The connection and



**Fig. 16.** (color online) Relevant calculation results of the substructure  $B_8$  in the population of the 80th generation under bisymmetry constraints. (a) The band structure, (b) the transfer function curves of corresponding cantilever beam under transverse excitation (T-excitation) and longitudinal excitation (L-excitation), (c) the eigenmodes  $B_{85}$  and  $B_{8E}$  labeled in the band structure, and (d) cantilever vibration mode  $B_{8b}$  under T-excitation inside the band gap frequency range.

disconnection of the topology at some key positions have an important impact on the vibration isolation characteristics and support characteristics of the obtained individual.

## 4.3. Numerical results under longitudinal and transverse bisymmetry constraints

The topology optimization under longitudinal and transverse bisymmetry constraints inside substructures is also analyzed. Fig. 14 shows the distribution of objective functions values  $T_1$  and  $T_2$  of individuals of the population corresponding to some evolutionary generations. It can be seen from Fig. 14 that the distribution of objective function values of the initial population (G = 1) individuals has good diversity. As the evolutionary generation increases, the two objective functions values gradually converge to the local Pareto front. The six representative individual substructures ranking No. B<sub>1</sub>, B<sub>2</sub>, B<sub>3</sub>, B<sub>7</sub>, B<sub>8</sub> and B<sub>17</sub> under the maximum evolutionary generation (G = 80) are singled out from the local Pareto front as shown in Fig. 14(b). Table 3 presents more comprehensive calculation results corresponding to these six substructures.

It can be seen from Fig. 14(b) that under the bisymmetry constraints, the six individuals in the final evolutionary population have certain similarities in configuration. All substructures have strong continuous structures at the upper and lower boundaries in the width direction of the cantilever beam to maintain the overall support stiffness, and the local structures located between the above continuous boundaries contribute to the generation of vibration bandgaps. Among them, in the local structure of individuals ranking No.  $B_1$ ,  $B_3$  and  $B_8$ , there are four symmetrically distributed cantilever mass blocks, which are easy to produce local resonance under external excitation. Closed areas with pores can be found in the substructure corresponding to the individuals

ranking No. B<sub>2</sub>, B<sub>7</sub> and B<sub>17</sub>. These closed areas are connected with the front and rear substructures only through the upper and lower continuous boundaries. Compared with the individuals ranking No. B<sub>1</sub>, B<sub>3</sub> and B<sub>8</sub>, the local thin beams connecting their upper and lower boundaries have a larger span in the length direction of the cantilever beam, and there are no large mass blocks supported by the soft cantilevers in the closed areas. These internal structural features increase the stiffness of the substructures with closed areas and make it less prone to local resonance.

It can be seen from the data listed in Table 3 that the  $T_1$  increases in order of substructure B<sub>1</sub>, B<sub>3</sub>, B<sub>8</sub>, B<sub>17</sub>, B<sub>7</sub>, B<sub>2</sub>, the  $w_{gp1}$  is basically compounded this law. While  $T_2$  decreases in the above order, and the  $f_{mod1}$  is basically compounded the same law. The distribution laws of the start frequency  $f_{gs1}$ , the end frequency  $f_{ge1}$  and the center frequency  $f_{gc1}$  of the bandgap are not so obvious.

It can be inferred from the extremely narrow band gap width (only 33 Hz) and significant internal cantilever large mass blocks of substructure  $B_1$  that the band gap of substructure $B_1$  belongs to local resonance type. On the contrary, from the extremely wide band gap (up to 17,704 Hz) of substructure  $B_2$  and no obvious cantilever mass inside, it can be inferred that its band gap belongs to Bragg scattering type. The band gap characteristics of the remaining substructures  $B_3$ ,  $B_8$ ,  $B_{17}$  and  $B_7$  will be further analyzed in combination with other information.

Relevant calculation results of the substructures  $B_3$ ,  $B_8$ ,  $B_{17}$  and  $B_7$  are showed in Figs. 15–18 for in-depth analysis.

The first band gap of substructure  $B_3$  starts from the maximum point  $B_{3S}$  on the 3rd band, and a flat band falls into it, as shown in Fig. 15(a). As can be seen from Fig. 15(b), when one end of the cantilever composed of substructure  $B_3$  is transversely excited, the response amplitude of the free end of the cantilever relative to the input end is significantly reduced within the band gap frequency range, which proves the



**Fig. 17.** (color online) Relevant calculation results of the substructure  $B_{17}$  in the population of the 80th generation under bisymmetry constraints. (a) The band structure, (b) the transfer function curves of corresponding cantilever beam under transverse excitation (T-excitation) and longitudinal excitation (L-excitation), (c) the eigenmodes  $B_{175}$  and  $B_{17E}$  labeled in the band structure, and (d) cantilever vibration mode  $B_{17b}$  under L-excitation inside the band gap frequency range.

existence of the band gap and the vibration suppression effect of the band gap. According to the substructure modal shapes corresponding to the band gap start frequency and end frequency shown in Fig. 15(c) and the vibration mode of the cantilever beam corresponding to  $B_{3b}$  point on the transverse excitation transfer function curve shown in Fig. 15(d), the main vibration energy is localized in the swing movement of four symmetrically distributed cantilever mass blocks, and the vibration propagation on the simplest continuous path of the front and rear substructures is weakened. The remaining part between the upper and lower continuous boundaries does not participate in the local resonance of the cantilever mass, but its existence helps to improve the overall structural stiffness of the cantilever beam. Further, combined with the narrow width and lower start frequency, it can be judged that the first band gap of substructure  $B_3$  is a local resonance band gap.

The first band gap of substructure B<sub>8</sub> starts from the maximum point B<sub>8S</sub> on the 3rd band, and a flat band falls into it, as shown in Fig. 16(a). When the cantilever beam composed of substructure B<sub>8</sub> is subjected to transverse excitation and longitudinal excitation respectively, it both shows a significant decrease in the response amplitude of the vibration transfer curve in the whole first band gap frequency range, as shown in Fig. 16(b). From the substructure vibration mode  $B_{8S}$  corresponding to the band gap starting frequency, it can be found that in addition to the swing motion of the four cantilever masses, the central mass part where the four cantilever masses are located (the circular region in the B<sub>8S</sub> subgraph) shows a transverse motion. This B<sub>8S</sub> mode reflects the characteristics of the start frequency mode of both the local resonance gaps and Bragg scattering gaps at the same time. The end frequency mode  $B_{8E}$ of the band gap and the vibration mode  $B_{8b}$  of the cantilever beam have the similar vibration shape with those of substructure B<sub>3</sub>. It can be seen from Table 3 that the band gap width of substructure B<sub>8</sub> is 335 Hz, which is about three times that of  $B_3(112 \text{ Hz})$ . The fundamental frequency

(277 Hz) of B<sub>8</sub> cantilever beam is slightly higher than that of B<sub>3</sub> cantilever beam (252 Hz), but the band gap starting frequency of B<sub>8</sub> increases significantly (2571 Hz for B<sub>8</sub> and 2178 Hz for B<sub>3</sub>). It can be seen from the data comparison that substructure B<sub>8</sub> is stronger than substructure B<sub>3</sub>. The difference of the topological structures can explain the difference of these data. As shown in the B<sub>8E</sub> subgraph of Fig. 16(c), the circled three positions of substructure B<sub>8</sub> are stronger than those of substructure B<sub>3</sub>. Among them, the increase of real meshes between the upper and lower cantilever mass blocks shortens the local cantilever length of the mass block and improves the starting frequency of local resonance, that is, the starting frequency of band gap. The increase of real meshes at the other two circled positions improves the overall structural height of the cantilever beam, so as to improve the fundamental frequency of the cantilever beam.

The first band gap of substructure B<sub>17</sub> appears between the 2nd band and the 3rd band, and there is no flat band near the band gap, as shown in Fig. 17(a). Fig. 17(b) shows that when the cantilever beam composed of substructure B<sub>17</sub> is longitudinally excited, there is obvious attenuation of the response amplitude in the band gap frequency range. The vibration energy of the mode B<sub>17S</sub> corresponding to the start frequency of the band gap is concentrated in the transverse motion of the internal structure located between the upper and lower continuous boundaries. The main vibration energy of mode B<sub>17E</sub> corresponding to the band gap termination frequency is on the upper and lower continuous boundaries, and the rest part between the boundaries also participates in the vibration to a small extent. On the whole, it looks just like the relative movement of panzer chains (the upper and lower continuous boundary) and a tank wheel (the rest part between the boundaries). From Fig. 17 (d), it can be seen that the vibration energy attenuates from the input end to the output end of the cantilever beam. From the distribution of the vibration energy of the mode of the band gap start frequency and the



**Fig. 18.** (color online) Relevant calculation results of the substructure  $B_7$  in the population of the 80th generation under bisymmetry constraints. (a) The band structure, (b) the transfer function curves of corresponding cantilever beam under transverse excitation (T-excitation) and longitudinal excitation (L-excitation), (c) the eigenmodes  $B_{75}$  and  $B_{7E}$  labeled in the band structure, and (d) cantilever vibration mode  $B_{7b}$  under L-excitation inside the band gap frequency range.

vibration mode of the cantilever beam, there is no obvious local resonance phenomenon. Therefore, the band gap of substructure  $B_{17}$  reflects the characteristics of Bragg scattering band gap as a whole.

The first band gap of substructure B7 starts from the point B75 (4565 Hz) on the 3rd band and ends at the point  $B_{7E}$  (8075 Hz) on the 4th band, as shown in Fig. 18(a). Compared with substructures B<sub>8</sub> and B<sub>17</sub>, substructure B7 has a much higher and wider band gap. The response transfer curves of the cantilever beam composed of substructure B7 under longitudinal excitation and transverse excitation both show very significant attenuation in the band gap frequency range. As shown in Fig. 18(b), the maximum attenuation amplitude can reach more than 300 dB. Fig. 18(c) shows that the band gap start mode B<sub>7S</sub> and end mode B7E do not have local resonance, but the vibration mode in which all real meshes of the substructure participate together. From the vibration mode corresponding to the frequency point B7b when the cantilever beam composed of substructure B7 is longitudinally excited, the vibration energy decays rapidly after passing through the first substructure, as shown in Fig. 18(d). Based on the above analysis, it can be concluded that the first band gap of substructure B7 is a typical Bragg scattering band gap.

Based on the above analysis of the numerical simulation results under longitudinal and transverse bisymmetry constraints, a similar analysis conclusion with transverse symmetric constraints can be drawn. In other words, the smaller the  $T_1$  value, the better the overall support stiffness of the corresponding structure, accompanied by a lower and narrower local resonance band gap. On the contrary, the smaller the  $T_2$ value, the worse the overall support stiffness of the corresponding structure, accompanied by a higher and wider Bragg scattering band gap. The interaction of local resonance and Bragg scattering can be found in the vibration mode corresponding to the band gap start frequency of substructure  $B_8$  with compromise  $T_1$  and  $T_2$ . In addition, it can be seen from the vibration transfer curves of the cantilever beams that the vibration attenuation in the band gap frequency range of the individual with better  $T_2$  value are more significant than that of the individual with better  $T_1$  value. One difference is that the first local resonant band gap of individuals with bisymmetry constraints, such as substructure  $B_3$  and  $B_8$ , starts from the 3rd band and is accompanied by a flat band near the end of the band gap. While the first local resonant band gap of individuals with transverse symmetry constraints, such as substructure  $S_3$  and  $S_9$ , starts from the 2nd band, and there is no flat band near the end of the band gap. Comparing the data in Tables 2 and 3, we can draw a conclusion similar to that in many literatures, that is, reducing the symmetry constraint in the topology optimization of PnCs helps to obtain a lower and wider band gap.

#### 5. Conclusions

Taking a two-dimensional cantilever beam as an example, this paper attempts to realize the integrated design of vibration isolation and support of macro structure through the multi-objective topology optimization design of periodic substructures. The structural vibration isolation is based on the elastic wave band gap characteristics of periodic structures. Two dimensionless objective functions  $T_1$  and  $T_2$  are set to ensure that the obtained topology results have sufficient overall structural stiffness as well as low and wide band gap. Based on GA and FEM, a set of calculation flow is established to realize the search iteration of available substructures and the solution of the corresponding objective functions.

Based on the traditional NSGA-II, an improved multi-objective GA is proposed to improve the convergence speed and avoid invalid operation and repeated operation. It is proposed to identify valid individuals through maze path-finding, eliminate invalid island real meshes, and prohibit duplicate individuals in the population to maintain population diversity and avoid repeated calculation. The effectiveness of the relevant improvement measures is verified by a simple example compared with the traditional NSGA-II. While Mesh generation strategy combining coarse mesh and fine mesh are used to reduce the scale of GA search space and ensure the accuracy of finite element solution.

Using the proposed algorithm, the multi-objective topology optimization of the periodic substructure constituting the cantilever beam is carried out with transverse symmetry constraints and transverse plus longitudinal bisymmetry constraints, respectively. Representative individuals are selected from the Pareto front of  $T_1$  and  $T_2$  of the last generation for in-depth analysis. The numerical results show that under the same operation parameters and model parameters, the substructures with lower symmetry constraints is easier to obtain lower and wider band gap. Individuals close to the optimal value of  $T_1$  are more likely to obtain higher overall structural stiffness and lower and narrower local resonance band gap. On the contrary, individuals close to the optimal value of  $T_2$  have wider and higher Bragg scattering band gap and weaker overall structural stiffness, and the vibration attenuation amplitude of corresponding cantilever beams in the band gap frequency range is more significant. The structural characteristics of some key positions in the substructures, such as the length of the local cantilever beams, the size of the cantilever mass blocks, the span between the thin beams of the closed areas, etc., have an important impact on the location and the width of the band gap, as well as the fundamental frequency of the overall cantilever beam. In a substructure with compromise values of  $T_1$ and  $T_2$ , the vibration mode corresponding to the start frequencies of local resonance band gap and Bragg scattering band gap are observed at the same time.

The numerical results show that the proposed algorithm is effective for the integrated structural design of support and vibration isolation. But the optimized shape obtained from the simulation results is complex. This is mainly caused by using coarser meshes in order to improve the convergence speed and reduce the amount of computation. The small number of initial meshes leads to rough 'polyline' topological geometric boundaries. Although the topology structures shown in this paper can be manufactured by 3D printing or the wire EDM (Electrical Discharge Machining) method or a water jet cutter, the cost and difficulty are relatively high. In order to solve this problem, at least two schemes can be adopted in the follow-up research work. One is to increase the number of meshes at the cost of increasing the amount of computation and slowing down the convergence speed, so as to make the obtained structural topology contour more rounded. Second, based on the current topology optimization results, further shape optimization and adjustment are carried out to make it easier to process and manufacture.

#### CRediT authorship contribution statement

Haojiang Zhao: Conceptualization, Methodology, Writing – review & editing. Yang Feng: Software, Validation, Data curation, Writing – original draft. Wei Li: Supervision, Investigation. Chuang Xue: Formal analysis, Resources, Project administration.

#### **Declaration of Competing Interest**

On behalf of all authors, the corresponding author states that there is no conflict of interest.

#### Data Availability

The authors do not have permission to share data.

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